

Reason for visit: Lumps: ___ Abnormal Mammo: ___ Pain: ___ Discharge: ___ Other: ___
Sex: F ___ M ___ **Race:** White ___ Black ___ Yellow ___ Other ___
Religion: _____ **Ht:** ___ ft. ___ in. **Wt:** ___ lbs.
Breast Pain? Yes ___ No ___ Nipple Discharge? Yes ___ No ___ Color: ___ No ___
Who discovered this breast problem? _____ When? _____
Do you routinely practice breast self examination? Yes ___ No ___

MENSTRUAL and PREGNANCY HISTORY

Age at which menstruation started? _____ Date of most recent period? _____ Age at menopause? _____
How many children were born alive? _____ Age at your first birth? _____

HORMONE USE

Have you taken birth control pills or any hormones? Yes ___ No ___
If yes, which one? _____ For how long? _____ When? _____

FAMILY HISTORY OF BREAST OVARIAN CANCER

Has anyone in your family had breast cancer? Yes ___ No ___ ovarian cancer? Yes ___ No ___
Who? (give age) _____

MAMMOGRAPHY

Have you had a Mammogram? Yes ___ No ___ When was your most recent? _____ Was this your first? _____

DIETARY HISTORY

How many daily cups do you drink of: Coffee ___ Tea ___ Cola Soda ___
How much chocolate do you have every day? _____
Do you attempt to limit your fat intake? Yes ___ No ___
How many times per week do you eat red meat? _____
Do you restrict your use of salt or spices? Yes ___ No ___
How many alcoholic drinks do you consume per week? _____

PAST MEDICAL HISTORY

List OPERATION: _____

List MEDICAL ILLNESS: _____

Do you have MITRAL VALVE PROLAPSE? YES ___ NO ___

Have **YOU** ever had CANCER? Yes ___ No ___ if yes, list type _____

Have you had HEPATITIS ? Yes ___ No ___ Are you HIV/AIDS positive? Yes ___ No ___

List MEDICATION, VITAMINS and MINERALS taken daily _____

List DRUG ALLERGIES: _____

Are you sensitive to CODEINE? Yes ___ No ___ Are you sensitive to ADHESIVE TAPE? Yes ___ No ___

FAMILY HISTORY

Has any "**blood relative**" had CANCER, HEART DISEASE or DIABETES? If yes, list who and what:

REVIEW OF SYSTEMS (answer YES or NO)

Do you have difficulty: Seeing? ___ Hearing? ___ Breathing? ___

Do you have: Heart Disease? ___ Digestive problem? ___ Urinary problem? ___

Do you have: Skin problem? ___ Paralysis? ___ Seizures? ___ Do you smoke tobacco? ___

Have you seen a psychiatrist or psychologist in the past 5 years? ___

If yes to any of the above, explain: _____

PATIENT NAME (PRINT): _____ PATIENT SIGNATURE: _____

REVIEWED BY: _____ MD DATE: _____